

Hormone Replacement Therapy: A Solution for Both Men and Women

Testosterone influences energy, mood, libido, and vitality. Deficiency can affect both men and women, and both can benefit from carefully tailored therapy.

By offering multiple administration routes and dosage strengths, Empower enables providers to personalize therapy plans. Ensuring each patient receives treatment that fits their goals, lifestyle, and care needs.



HRT CHOICES FOR WOMEN

Testosterone Cypionate Injection

Tailored dosing designed for female hormone balance needs.

Frequently prescribed:

- 20 mg/mL in 5 mL vial
- 50 mg/mL in 5 mL vial

Estradiol Cypionate Injection

Supports estrogen replenishment in women.

Frequently prescribed:

- 10 mg/mL in 5 mL vial

HRT CHOICES FOR MEN

Testosterone Cypionate Injection

A trusted injectable option for men with testosterone deficiency.

Frequently prescribed:

- 200 mg/mL in 5 mL vial
- 200 mg/mL in 10 mL vial

HRT CHOICES FOR MEN & WOMEN

Testosterone Creams

Flexible topical dosing option for both male and female patients.

Frequently prescribed:

- 100 mg
- 200 mg
- 250 mg

Optimize Male HRT with Commonly Prescribed Options

Many prescribers also recommend ancillary therapies to support hormone balance and enhance treatment outcomes for male patients.



FORMULATION OPTIONS FOR MEN

Anastrozole Tablets

Could help reduce excess estrogen levels associated with testosterone therapy.

Frequently prescribed:

- 0.5 mg
- 0.25 mg

Oxandrolone Tablet

Oral anabolic agent for select clinical uses.

Frequently prescribed:

- 48.5 mg
- 23.5 mg

Nandrolone Decanoate Injection

Injectable anabolic support option.

Strength available:

- 200 mg/mL in 5 mL vial

HCG Injection (Lyo)

Potentially helps maintain testicular function and fertility during testosterone therapy.

Strength available:

- 10,000 IU

Enclomiphene Citrate Capsules

May support natural testosterone production.

Frequently prescribed:

- 25 mg
- 50 mg

Comprehensive Support for Female Hormone Therapy

Prescribers often complement hormone replacement therapy with additional formulations to help women potentially achieve balance.



FORMULATION OPTIONS FOR WOMEN

Progesterone Capsules and Cream

Supports endometrial health and balances estrogen therapy.

Frequently prescribed capsules:

- 100 mg
- 200 mg

Frequently prescribed creams:

- 200 mg/mL
- 100 mg/mL

Bi-Est Cream (Estriol / Estradiol) (80/20) & (50/50)

Combines estriol and estradiol for tailored estrogen support.

Frequently prescribed:

- 1 mg
- 2 mg

DHEA Capsules

Supports adrenal and hormonal function.

Frequently prescribed:

- 50 mg
- 75 mg

Cyanocobalamin Injection

Provides vitamin B12 supplementation that may support energy and overall wellness.

Frequently prescribed:

- 1,000 mcg/mL in 30 mL vial
- 1,000 mcg/mL in 10 mL vials