

GHK-Cu: What You Need to Know

Naturally Boost Skin, Hair,
and Healing from Within

What Is GHK-Cu?

GHK-Cu (Glycyl-L-Histidyl-L-Lysine Copper) is a naturally occurring peptide in the human body, known for its regenerative and protective effects. It binds with copper ions and plays a crucial role in tissue repair, collagen production, and reducing visible signs of aging.

As we age, natural levels of GHK-Cu decrease—leading to wrinkles, slower healing, and thinning hair. Supplementation may help restore the body's youthful processes.

Benefits at a Glance



For Hair:

- May promote hair regrowth
- Supports healthy follicles and scalp



For Healing:

- Accelerated wound repair
- Rebuilding the skin's barrier
- Calming inflammation



For Skin:

- Smoother, firmer skin
- Fewer wrinkles and fine lines
- Improved texture and tone
- Reduction in age spots



For Anti-Aging:

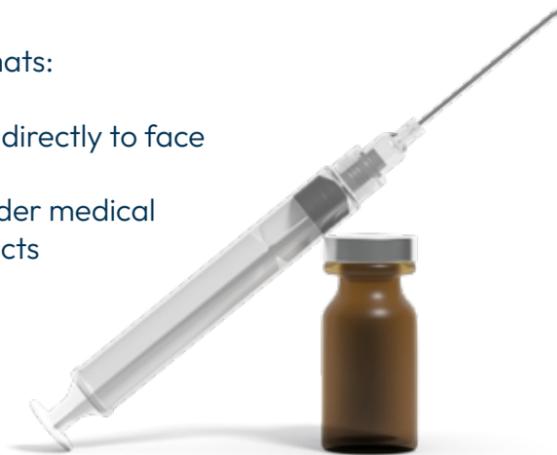
- Combats oxidative stress
- Encourages natural collagen and elastin production
- Provides UV protection support

How Is It Used?

GHK-Cu is available in multiple formats:

- **Topical creams or serums** – Apply directly to face or scalp
- **Injectable formulations** – Used under medical supervision for more systemic effects

Recommended usage varies depending on individual goals and product form.



Safety & FAQs

Is it safe?

Yes, when used appropriately. GHK-Cu is well tolerated by most people.

Any side effects?

Minor skin irritation may occur with topical use. Serious side effects are rare. Discontinue use if you experience discomfort.

When will I see results?

Visible skin improvements may begin in 4–8 weeks. Hair and deeper tissue benefits may take longer.

Can it be used with other treatments?

Yes! GHK-Cu is often combined with other skincare or regenerative therapies for enhanced results.

Final Thoughts

GHK-Cu is a promising, natural option for those seeking healthier skin, better hair, and enhanced healing. Always follow product instructions and consult your healthcare provider for personalized advice.

This brochure is for informational purposes only and is not intended to diagnose, treat, or cure any medical condition. The therapies described are part of a preventative and regenerative approach to wellness and are not meant to replace conventional medical care.

These treatments involve the use of compounded peptides, which are formulated for individual wellness goals. They are not considered generic medications. Always consult with a licensed healthcare provider before starting any new therapy.